

"IT'S EASY TO ACQUIRE STRONG, BEAUTIFUL BODY"—SWIMMING DOES IT

San Francisco, Cal.—One of the most striking examples of the effect

LURE OF STAGE IS MORE THAN LOVE OF LUCRE



Mrs. Weems Brady.

Mrs. Hal T. Brady, the actress-bridge of the Omaha millionaire, Hal T. Brady, has left the Brady mansion in Omaha and returned to New York, and her friends say she expects to return to the stage.

Mrs. Brady, who was formerly Miss Madah Weems, married her millionaire husband last Thanksgiving day after a 24-hour courtship and immediately afterward left the stage and went to live in Omaha.

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Uncle Sam's army of laborers numbers 38,167,338.

of the revival of the "body beautiful" movement that has been sweeping California is Dorothy Thornton Hollis, 17-year-old school girl of this city, whose physical perfection has drawn eulogy from physicians and gymnasium directors.

Miss Hollis' measurements closely approximate those of the widely heralded Annette Kellerman, and are ascribed by their modest possessor to persist training and careful development.

Swimming, diving, long walks, fencing and systematic exercise in the open form the curriculum through which this "nature girl" has achieved her enviable physique and perfect health.

Regarding comfort as of more importance than adornment, Miss Hollis wears only light clothing the year 'round. Stockings, which she says constrict the freedom of the knees, have been discarded in favor of short socks. A dress and bloomers, without hampering skirts, give her the freedom she regards as essential.

She eats but two meals a day, and meat only twice a week, with no coffee or tea. Eating to satiety, says Miss Hollis, is not conducive to health, and she always leaves the table before appetite has been completely satisfied.

Pupil of a dramatic school, where she is said to possess considerable talent, Miss Hollis has not yet decided whether she will utilize her perfections on the stage or as a physical culture instructor.

"It's so easy to be in good physical trim," she explained, "that it is hard to understand why more girls are not daily adding to their beauty and happiness!"